

Detox Program Checklist

Suggestions for a successful patient program

- 1. Choose a doctor who is your PARTNER in the process. Partners will jump at this opportunity and their staff will be an integral part of the patient recruitment process.
- 2. Have a discussion to express EXPECTATIONS, GOALS and RESPONSIBILITIES.
 - How will the office promote? When will they begin? Who will create marketing pieces?—Consider giving them a personalized flier and make them promote.
 - o Who will give the presentation? You? Doctor? You and the Doc?
 - o Minimum goals for patient attendance?—Minimum of 10 is recommended
 - When will the product be purchased? –Should be before the talk
 - o Who will close the patients on the night of the detox?—The staff should do this
 - o How and who will do patient follow up?—Consider Facebook groups
- 3. Have the office staff encourage people that sign up to fill out a detox questionnaire.
- 4. Have the office staff call the attendees the day before to confirm attendance.
- 5. Be sure to review the presentation with the practitioner and add any slides that personalize the detox to their practice.
- 6. Set 2 time slots for the presentations (ex. Wed at 6p and Fri at 8am)
- 7. Engage your audience.
 - o Mention local restaurants, farmer's markets, etc. where key food/produce can be found
 - Ask the audience for recommendations for chemical free companies, products, services from the crowd.
 - Ask a veteran detoxer for their experience. If they're doing it again, it must've been positive!
 - o Focus a lot on the clean water, food, solvents, etc. so your presentation doesn't come off as a "sale".
- 8. Use your tools
 - Everyone fills out a detox questionnaire prior to meeting.
 - If the doctor has a BIA, consider running a free BIA on those who purchased the product that evening.
- 9. DON'T BE AFRAID TO SELL THE 28 DAY DETOX!!! Patients will need 3 Clear Change Kits and you must order the 28 day guide separately. Order Metagenics bags and send back the clear change boxes.

Happy Detoxing!