



INTERNATIONAL
INSTITUTE *of*
AESTHETIC
MEDICINE

COURSE OUTLINE
& SCHEDULE

FOUNDATIONS OF PRP TREATMENT

EDUCATION ROOTED IN INNOVATION

As the world of aesthetic medicine continues to evolve and grow, IIAM is committed to providing exceptional, continuous hands-on training, allowing medical professionals the opportunity to expand on their expertise through various channels. Aesthetic treatment must always begin with safety. Setting and delivering the gold standard in this ever-evolving field is our mission.





FOUNDATIONS OF PLATELET-RICH PLASMA (PRP)

Course Outline

1 INTRODUCTION TO PLATELET-RICH PLASMA (PRP)

- 1.1** What is Platelet-Rich Plasma?
- 1.2** PRP and the Natural Healing Process
- 1.3** Growth Factors and Cytokines in PRP
- 1.4** Trends in Aesthetic PRP Applications

3 PREPARATION PROCESS

- 3.1** Single Spin
- 3.2** Dual Spin
- 3.3** Factors to Identify the Optimal PRP Device

2 MEDICAL/CLINICAL APPLICATIONS OF PRP

- 2.1** Nerve Injury
- 2.2** Bone Repair and Regeneration
- 2.3** Tendonitis
- 2.4** Muscle Repair
- 2.5** Plastic and Oral Surgeries
- 2.6** Clarifying the Issues Surrounding PRP

4 AESTHETIC APPLICATIONS OF PRP

- 4.1** Benefits of PRP
- 4.2** Indications of Use
- 4.3** Delivery Techniques: Microneedling/ Dermaroller, Mesotherapy and Injections



5 FACIAL REJUVENATION

- 5.1** Introduction to Dermal Rolling
- 5.2** Dermal Roller Protocols
- 5.3** Introduction to Microneedling
- 5.4** Microneedling Protocols
- 5.5** Introduction to Mesotherapy
- 5.6** Mesotherapy Protocols
- 5.7** Introduction to Platelet-Rich Filler
- 5.8** Platelet-Rich Filler Injection Patterns

7 FUTURE APPLICATIONS OF PRP

- 7.1** Sexual Dysfunction in Males
- 7.2** Vaginal Rejuvenation in Females
- 7.3** The O-Shot

6 HAIR RESTORATION

- 6.1** Hair Growth Physiology (Growth Factors)
- 6.2** Alopecia Treatments
- 6.3** Injection Patterns
- 6.4** Before and Afters
- 6.5** Combination Treatment Options (A-Cell Technologies)

8 CLINICAL IMPLEMENTATION OF PRP

- 8.1** Health-Canada Approved Devices
- 8.2** Expected Costs
- 8.3** Pricing Your Services



COURSE SCHEDULE

All course registrants must complete mandatory online training and receive a minimum of 80% prior to attending the hands-on training. For the safety of our patients, and learning experience of all other students, individuals who do not fully complete the virtual learning will not be permitted to inject live models.

TIME	UNIT
8:30 AM - 9:00AM	Orientation
9:00 AM - 11:30 AM	PRP Treatment Techniques Review
11:30 AM - 12:30 PM	Microneedling / Injections Rotation 1
12:30 PM - 1:00 PM	Lunch
1:00 PM - 2:00 PM	Microneedling / Injections Rotation 2
2:00 PM - 3:00 PM	Microneedling / Injections Rotation 3
3:00 PM - 4:00 PM	Hair Restoration Rotation 1
4:00 PM - 5:00 PM	Hair Restoration Rotation 2

Schedule is subject to change based on class size and instructor preference.
Hands-on rotations to be conducted in small groups of three. All product supplied by IIAM.

[BOOK DISCOVERY CALL](#)

Speak with one of our program coordinators to discover if our course offerings and opportunities are right for you.



WHERE SCIENCE MEETS ART